

## Medical Nutrition Therapy Rubric

Current Law	Proposal
<b>Credential- Licensed Medical Nutrition Therapist (LMNT)</b>	<ul style="list-style-type: none"> <li>• <b>Licensed Dietitian Nutritionist (LDN)</b> for Registered Dietitian Nutritionist (RDN)*</li> <li>• <b>Licensed Nutritionist (LN)</b> for non-Registered Dietitian Nutritionist alternative pathway</li> </ul>
<b>Medical nutrition therapy</b> <ul style="list-style-type: none"> <li>• Nutrition Assessment</li> <li>• Writing diet orders.</li> <li>• (Current standard of practice includes Nutrition Care Process and use of Nutrition Assessment, Nutrition Diagnoses, Nutrition Monitoring and Evaluation terminology. Currently uses protocol orders approved by physician/facility)</li> </ul>	<p>Same medical nutrition therapy and:</p> <ul style="list-style-type: none"> <li>• Nutrition Care Process and terminology used</li> <li>• Nutrition Assessment- clarified</li> <li>• Nutrition Diagnosis</li> <li>• Nutrition Monitoring and Evaluation</li> <li>• Retain diet order writing</li> <li>• Specifies competency for writing parenteral/enteral diet orders.</li> <li>• Writing lab orders to monitor nutrition intervention therapy treatments</li> <li>• Uses physician/facility approved protocols that result in prescription of a legend drug,</li> </ul>
<b>LDN (Licensed Dietitian Nutritionist)</b> <b>Education, supervised practice experience requirements</b>  Registered dietitian (RDs) and Registered Dietitian nutritionists (RDNs) automatically meet eligibility requirements due to credentialing with the Commission on Dietetic Registration which requires academic, supervised practice, and exam components. If an individual is a RD/RDN, they only need to complete an application and provide confirmation that they have earned the RD/RDN credential. There is no additional exam to	<p>No change, except practice experience hours reduced from 1200 to 1000 hours to align with changes in Accreditation Council for Education in Nutrition and Dietetics requirements used by Commission on Dietetic Registration</p>

<p>obtain licensure in the state of Nebraska. There is no additional burden to the practitioner to maintain the license (except for the licensure fee of \$114.00 every two years). Practitioners can use the same continuing education credits to maintain both their NE license and RD/RDN credential.</p>	
<p><b>LN (Licensed Nutritionist)</b>  <b>Education, supervised practice experience requirements</b></p> <p>No pathway for licensure</p>	<p>Dual pathways to licensure are being introduced in bills across the country. Our national organization, The Academy of Nutrition and Dietetics, in previous collaboration and negotiations with ANA over the past decade has established objective qualifications comparable to the gold standard qualifications of registered dietitian nutritionists that requires structured academic programs and preprofessional training accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).</p> <p>At its core, the LN requirements for LN licensure eligibility mirrors the LDN requirements. Defined qualified supervisor, and onsite supervision for supervised practice experience requirements are included to clarify ambiguous aspects that surfaced when other states' licensure Boards initiated review of non-RDN applicants.</p>
<p><b>Medical Nutrition Therapy Board Membership</b>  3 LMNTs  1 Physician  1 Lay Member</p>	<p>2 LDNs  1 LN as available or 1 LDN  1 Physician  1 Lay Member</p>
<p><b>License required; activities not subject to act</b></p>	<p>Added:</p> <ul style="list-style-type: none"> <li>• Temporary License  Applicant eligible for exam while supervised by a</li> </ul>

	<p>licensee</p> <p>Applicant qualified for license and in state on temporary basis for medical emergency</p> <ul style="list-style-type: none"> <li>• Individuals instructing a general medical weight control program approved in writing by LDN, LN, Physician, RDN, CNS</li> <li>• Weight control that is not Medical Nutrition Therapy</li> <li>• Individuals providing coaching, behavior change management who do not represent themselves as licensed</li> </ul>
<b>Definitions</b>	<p>Definitions for:</p> <ul style="list-style-type: none"> <li>• Medical Weight Control</li> <li>• Therapeutic Diets</li> </ul>

#### \* RD versus the RDN Credential

The RD credential to denote a registered dietitian has been in use [since 1970](#). In 2012 the American Dietetic Association changed its name to the Academy of Nutrition and Dietetics. The **option** for registered dietitians to use the initials [RDN](#) was added in 2013 because inclusion of the word “nutritionist” “communicates a broader concept of wellness (including prevention of health conditions beyond medical nutrition therapy) as well as treatment of conditions.”. The requirements to sit for the registered dietitian/registered dietitian nutritionist exam are determined by the Commission on Dietetic Registration ([CDR](#)), which is the Academy’s credentialing agency.

The RD and RDN credential have identical meanings and legal trademark definitions. The RD and RDN credentials can be used interchangeably and at the preference of the individual practitioner. In recent years, the Academy of Nutrition and Dietetics has encouraged the use of the RDN credential. RDN is used in the draft bill to reflect this trend. However, one could substitute the term RD throughout the document. There are no additional requirements for someone to use the RDN versus the RD credential.

Respectably Submitted,

Nebraska Academy of Nutrition and Dietetics,

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